

**DOW INTERNATIONAL MEDICAL COLLEGE**  
**FIRST PROFESSIONAL YEAR MBBS- BATCH 2031**  
**FOUNDATION-I MODULE (2026)**  
**TIMETABLE: WEEK 4**

Days	8:30- 9:30 AM	9:30 - 10:30 AM		11:00 - 12:30 PM		1:30 – 3:00 PM
<b>MON</b>  9/2	<b>COMMUNITY MEDICINE</b> Health System of Pakistan  <b>Dr. Faryal Nawab</b>	<b>EMBRYOLOGY</b> Mitosis and Cell Cycle  <b>Dr. Tanzeela Khan</b>	<b>T E A  B R E A K</b>	1. A = HISTOLOGY (Practical) Epithelium <b>HISTO LAB</b> <b>Dr. Shumaila</b>	<b>L U N C H  B R E A K  N A M A Z</b>	<b>STUDY SKILLS</b> Time Management Skills <b>Dr. Munizha Nisar</b>
				2. B = PATHOLOGY (Practical) Mechanism of Cell Injury <b>PATHO LAB</b> <b>Dr. Anbreen Shaikh</b>		
				3. C = BIOCHEMISTRY (Practical) Photometry <b>BIOCHEM LAB</b> <b>Dr. Sajida Parveen</b>		
<b>TUES</b>  10/2	<b>PHYSIOLOGY</b> Cell signaling mechanisms: 1st & 2nd messengers  <b>Dr. Afshan Mehboob</b>	<b>EMBRYOLOGY</b> Meiosis, Comparison with Mitosis  <b>Dr. Rabia Rehan</b>		B= HISTOLOGY (Practical) Epithelium C= PATHOLOGY (Practical) Mechanism of Cell Injury A= BIOCHEMISTRY (Practical) Photometry		<b>SELF STUDY</b>
<b>WED</b>  11/2	<b>EMBRYOLOGY</b> Genetic Disorders in the perspective of meiosis  <b>Dr. Sara Farhan</b>	<b>BIOCHEMISTRY</b> Carbohydrates (Structure Classification & Function)  <b>Dr. Sonia Siddiqui</b>		C= HISTOLOGY (Practical) Epithelium B= PATHOLOGY (Practical) Mechanism of Cell Injury A= BIOCHEMISTRY (Practical) Photometry		<b>SELF STUDY</b>
<b>THURS</b>  12/2	<b>HISTOLOGY:</b> Connective Tissue 1: Components <b>Dr. Zaheer Amjad</b>	<b>PHARMACOLOGY</b> Routes Of Administration of Drugs  <b>Dr. Asma Khawar</b>		<b>BIOCHEMISTRY</b> Carbohydrates: Monosaccharides and derivatives, isomerism  <b>Dr. Uzma Zaman</b>		<b>SELF STUDY</b>
<b>Fri</b>  13/2	<b>GROSS ANATOMY (DEMO)</b> Gross Structure of Adult and Parts of Young Long Bone +Blood Supply of long bone  A = Dr. Nazia Shahab (dissection hall) B= Dr. Hina (histology lab) C= Dr. Shaheen (Lecture Hall)			<b>STUDY SKILLS</b> Stress Management  <b>Dr. Munizha Nisar</b>		
<b>Sat</b>  14/2	<b>PATHOLOGY</b> Types of Adaptations of Cellular Growth and Differentiation  <b>Dr. S. Talha Naeem</b>	<b>HISTOLOGY</b> Connective Tissue 2: Classification Description of Each Type  <b>Dr. Sahar Mubeen</b>		<b>BEHAVIORAL SCIENCES</b> Delivery of culturally relevant & culture sensitive practice <b>Dr. Bilal Kalim</b>		<b>SELF STUDY</b>