

DOW INTERNATIONAL MEDICAL COLLEGE
FIRST PROFESSIONAL YEAR MBBS- BATCH 2031
FOUNDATION-I MODULE (2026)
TIMETABLE: WEEK 4

Days	8:30- 9:30 AM	9:30 - 10:30 AM		11:00 - 12:30 PM		1:30 – 3:00 PM
MON 9/2	COMMUNITY MEDICINE Health System of Pakistan Dr. Faryal Nawab	EMBRYOLOGY Mitosis and Cell Cycle Dr. Tanzeela Khan	T E A	1. A = HISTOLOGY (Practical) Epithelium HISTO LAB Dr. Shumaila 2. B = PATHOLOGY (Practical) Mechanism of Cell Injury PATHO LAB Dr. Anbreen Shaikh 3. C = BIOCHEMISTRY (Practical) Photometry BIOCHEM LAB Dr. Sajida Parveen	L U N C H B R E A K N A M A Z	STUDY SKILLS Time Management Skills Dr. Munizha Nisar
TUES 10/2	PHYSIOLOGY Cell signaling mechanisms: 1st & 2nd messengers Dr. Afshan Mehbوب	EMBRYOLOGY Meiosis, Comparison with Mitosis Dr. Rabia Rehan	B R E A K	B= HISTOLOGY (Practical) Epithelium C= PATHOLOGY (Practical) Mechanism of Cell Injury A= BIOCHEMISTRY (Practical) Photometry		SELF STUDY
WED 11/2	EMBRYOLOGY Genetic Disorders in the perspective of meiosis Dr. Sara Farhan	BIOCHEMISTRY Carbohydrates (Structure Classification & Function) Dr. Sonia Siddiqui	B R E A K	C= HISTOLOGY (Practical) Epithelium B= PATHOLOGY (Practical) Mechanism of Cell Injury A= BIOCHEMISTRY (Practical) Photometry		SELF STUDY
THURS 12/2	HISTOLOGY: Connective Tissue 1: Components Dr. Zaheer Amjad	PHARMACOLOGY Routes Of Administration of Drugs Dr. Asma Khawar		BIOCHEMISTRY Carbohydrates: Monosaccharides and derivatives, isomerism Dr. Uzma Zaman		SELF STUDY
Fri 13/2	GROSS ANATOMY (DEMO) Gross Structure of Adult and Parts of Young Long Bone +Blood Supply of long bone A = Dr. Nazia Shahab (dissection hall) B= Dr. Hina (histology lab) C= Dr. Shaheen (Lecture Hall)			STUDY SKILLS Stress Management Dr. Munizha Nisar		
Sat 14/2	PATHOLOGY Types of Adaptations of Cellular Growth and Differentiation Dr. S. Talha Naeem	HISTOLOGY Connective Tissue 2: Classification Description of Each Type Dr. Sahar Mubeen		BEHAVIORAL SCIENCES Delivery of culturally relevant & culture sensitive practice Dr. Bilal Kalim		SELF STUDY